### He Touched You

# Chapter 1

#### Introduction

There is something inside of you pulling and tugging at your heart. Something inside of you says that there is something more to life or that there is something missing from you, but you do not know what. Something inside of you is drawing you to find out what it is missing from you. Then one day, when you decide that you want to find out what it is, something touches your heart, and you are not the same anymore.

What happened to you? Do you know? Something strange is going on inside of you and you do not know what. Inside of you, you start to sense or maybe feel a change: Maybe is it a sense of peace, or a sense of loving, or a sense of tranquility. Or maybe inside of you, you hear a voice, a soft, gentle, kind voice and it is calling you. That voice might even be talking to you, or it might just be a soft, gentle, kind of pulling or tugging on you or your heart. It does not really matter what it is, all you know is that you want to find out what and why this it happening to you? What is it and what does it want?

This voice or tugging wants to know, Why are you here? Why are you alive? Why are you reading this book? WHY? WHY? WHY?

Well this voice or tugging is not new, it happens to millions of people. And as you read this book, you should be sensing something still stranger; you should be sensing an excitement, a pleasurable, peaceful feeling and hope of maybe finally getting an answer. You should be sensing rest and satisfaction of coming to know what the answers are to many of your questions.

Well this is how it happened to me. For a while I had this voice inside of me drawing me to find out more about true life. Whenever I would hear people talk about God, I would get this sense of excitement, and a pleasurable, peaceful feeling and hope all over again. But often it did not last because people would start arguing over the religious aspects of God. But within me there was still this tugging or voice that became stronger and stronger. So it started to make me wonder: "Is life, God?"

But then at the same time, I had other voices telling me that to seek God or to follow a religion was only for weak people; that they needed a crutch and God or the church was the crutch. They would say that weak people have to have something to believe in because they do not have any confidence in themselves. This tug of war continued for years.

Then one day while I was in the Navy, we had gone to visit the Island of Guam. As was our custom, my friend and I went into town to have a couple of drinks and to

sight see. But a strange thing happened, a fellow shipmate, not really a friend, wanted to share a cab ride with us to town. We thought that would be cheaper, so we agreed.

Then he asked if he could join us for a drink. Well we decided that we should be little friendly and agreed. However, as we sat down, he started talking about God. Well I told them that while drinking my policy was I do not talk about 2 things: politics and religion. My friend started to discuss (almost argue) with him about religion and I wanted no part of it, so I sat on the other side of the table, which was 8 feet away where I could not hear them.

Then waitress came to take our order. She looked straight at me and neglected the others. They had to yell at her to get their orders; she was so focused on me. Well I thought that it was strange, because no one had ever done that before. My friends had offered to buy her several drinks if she would stay and keep them company. She agreed and left.

While she was gone, I was thinking about religion and God, which started the tug a war again. Then while I was thinking, an idea came to my mind:

"You have never decided to try to find out if God was real or not. Why don't you do that now? Then if God does not answer or nothing happens, you can then tell the world that you tried to find God and He never answered; that He did nothing while you tried to find Him. Then you can tell people that you not only do not want to talk about religion, but you can say that there is no God because when you tried to find Him, He never answered you."

I thought, Yes. That is a good idea; I could settle the argument as to whether or not God really is real and does He really love us that much. So I agreed with that idea and decided to find God.

So I talked to God and said, "God if you are real and you do love me, as everyone and the bible says you do, then I need you and I want you. Please come to me now. If not then I will have no problem in telling the world that You do not exist because I tried to find You and asked You to come to me and You did not."

Then I waited for an answer.

Well I will tell you the truth; the next thing that happened really shocked me. I heard He talk to me. He said, "Yes, I am real, I exist and I do love you. Will you be My son?"

I was so amazed that the voice was so real, I even looked around the room to see who might be talking to me. His voice was so real and audible. I looked and looked. I saw nothing and no one was near me. (Of course that was silly, no one could have heard my prayer, for I only prayed in my mind.) My friends were still on the other side of the

table (about 8 feet away) and they were still arguing about religion. They did not notice me at all.

So I talked to God again, "Who are you?"

He answered again with a very clear strong voice, "I am God. Jesus and I love you. Would you be My son?"

Wow I said, "You, God, really love me?"

"Yes." He said.

Wow. I said, "You really want me to by Your son?"

"Yes," He said.

Wow, I was amazed, because God really loves me and He is answering me. He is real and alive.

So I answered His question, "Yes, I will be your son."

Just at that moment the waitress came back. She seemed to look more beautiful then before. She gave us our drinks and then sat down in front of me. She started talking. She was trying to take all of my attention, and just as I was starting to have a wonderful conversation with God. Boy, I wanted God. My heart was pounding and I was so happy and excided.

After a few minutes she said that she had to pay the bill and get my friend drinks, so she got up, took our money, and told me that she would be back and spend as much time with me as I wanted. Wow, nothing like this has ever happened in my life, both God and a beautiful woman who wanted me.

So to be truthful, I wanted God, but what if this voice was my imagination or a ghost or a hallucination? But if it was my imagination, she was not and if I could not have God, I wanted to spend time with her. I was looking for some kind of relationship.

So I talked to God, "God if You are real and You love me like you say You do, and if You want me, then I want You. And if this is You, then that means that she is not from You but from the enemy who does not want me find You. So if You are God and You do want me, then please do not let this woman come back because if she does I will be spending my time with her and not You."

Then I waited. Shortly after that, she came back. She gave my friends their drinks, and their change, she then walked to the table on the other side of the room and sat with her back to me for the rest of the time I was there.

Again, Wow. I said, "God You must really love me and want me as much as I want You."

He said, "I do love you, and Jesus died for you."

So I said, "Well what do I do now?"

He said, "Go back to the ship and ask Willy what you should do to be saved, and do what he says, for he knows."

I said, "Sure."

I told my friends that I was going back to the ship and that I would see them later. Then I left.

**Note:** Willy was on my ship and we worked together. He is the only other Christian on the ship at that time. We were friends too. I was often drawn to him, but when he started to talk about God, I would turn him off and tell him I did not talk about religion. So he was kind of shocked when I came to him. But after I was born again, we would spend many hours and days talking about God.

A little while later I got to my ship and went to where Willy was, and asked him what I had to do to be saved. This is what he told me:

- 1. That I needed to believe in Jesus
- 2. That I needed to ask Father to forgive me of all of my sins and to wash me clean with Jesus blood
- 3. That I needed to repent from my evil ways (he explained later that this was to be willing to change to God's ways)
- 4. That I needed to study the bible to understand how God wants me to live.
- 5. That I needed to apply my new understand of God's way to my life

I said, "Is that all?" And He replied, "Yes."

That is easy I thought and left. But before I did, he gave me a bible, since he knew that I did not have one. I went to bed, I believed in my heart and prayed these 5 things he said. Then I read the Bible, it was like the Bible was alive and talking to me. I fell asleep reading and never slept so good in my life.

Finally He fully touched me. I sensed His touch change my spirit in my heart. I also sensed closeness' to God, just like He was living inside of me, like He promises to.

**Note:** Not everyone gets this. Others have told me other things happen to them when they were saved. But the point is that God does make Himself known and that some kind of change does take place. Sometimes it is obvious, and sometime it is just a gentle and slow process. But which ever the case, you must have faith that

God has fulfilled His promise to give you a new Spirit and that He cleans your heart of sin.

I feel asleep and slept so good, because I had peace in my heart for the first time in my life. I had and still have, joy in my heart, love, satisfaction and peace that is beyond understanding. I was rested, and no longer full of tension or stress. I was at peace. This was a sense or maybe a feeling, of course one thing I did know was that the feeling of anger was gone, the feeling of dread was gone, and the feeling of loss was gone, among other things.

That was the beginning of my wonderful relationship with God.

I found out that the voice or the something tugging or pulling at my heart was the Holy Spirit of God, and He was the one doing all of those things to me. He was talking to my heart, He was tugging and pulling at my heart, and He was the one guiding me all of those times that I thought I was talking to myself.

Like with me, He is calling you. He wants to create a new relationship with you, a very personal relationship that is why He asked me to be His son. This is the relationship He wants and that is to be our Father and for us to be His children. This is the relationship He wants with you.

So He is calling you in your heart. It is God tugging at your heart. For only God is capable of touching your heart, and touching your inner most being. But He can only do this—like with me—when your heart and spirit wants Him to reveal Himself to you, to meet you and to be with you; to adopt you as His child. Then one day when you too have made the decision that you want Him, He honor that decision and reveal Himself to you.

He touched you. He will come to you again, touch you and make Himself known to you. Like me, now you believe in Him not because you have been told that you will go to hell if you do not, but you believe He is real because He touched you and you know He is real. And now you are developing a personal relationship with the real God.

Someone (where in my case the someone was the Holy Spirit) introduced you to Him and He responded to you and touched you. No one and nothing else knows how to do that except the one who created you: God.

You know it because something happened. You are here reading this because something inside you has been telling you softly, patiently, lovingly and mercifully God is real. God does exist. God loves you and wants a personal relationship with you. Something has been calling you in your heart and you cannot deny it. So you decide one day to find out. Again like me, you cry out in your heart, God if You are alive, God if You are real and if You love me, then I want You. I need You. I cannot live without You anymore. I need my real Father.

And to your amazement, He answers you in you heart. He touches you with His Holy Spirit. He reveals Himself to you. He says, yes I love you. I want you. I need you too. Will you be My child, My daughter/Son? At that moment you cannot resist Him anymore and you say YES.

Yes, God, I want to be your child; yes God I will be your child. What do I do to become Your child? I love you.

You have now made the greatest decision in your life. You have accepted the Almighty God to be your Father and to be His child. You have decided to find the true King of this world; the true God of all life and Creation.

Now the question is who is He? What is He? What do I do now? That is why you are here. God has it all planned out, like me, somehow you met someone who also loves and believes in this same God that is drawing you to Him, that is touching your heart, who also made the decision to let Him live in their heart.

Because they have the same God as you, you are drawn to them, like I was to Willy, and you listened to them and how God has lived in them and what He has done in their life. They have guided you here. Was that a chance meeting, did fate or luck bring you two together? Well truthfully, I do not believe so. You have been talking to God and asking God what to do now. You have been seeking God to answer all of your thousands of questions.

I believe in God-incidence, and not coincidence. This is where God makes things work and especially to answer your prayers. If God really does love you, would He not try to answer them? If He cares for you like a real Father, then He would not leave you along and let these questions drive you crazy. Therefore, He has made this situation so that He can answer your questions. Many of us call this God-incidence and not coincidence. I presume you are reading this because you trust the person that gave you this and that you trust that they care for you. They care how you have been living and what you have been living. They care and love you enough to suggest that you place yourself in the reality of God and to see the truth of His life.

If you want to know the truth of our universe, then you need to keep reading but if not, then stop here because you are wasting your time. This book is to take you into the truth of the Creator of this world, this Universe, this life you are really living in and take you out of the lie.

For all life is given to us by and from God, the Father of Jesus, and the true Creator. He is the one who created us for Him. There are many reasons for this, but they do not matter, the only one thing that matters: He loves us, His creation, just like parents who create a child and love that child from the time he/she is born until they die.

I hope, pray and believe that you will find many true answers as you continue to read. Just like me at one time, for at one time or another, I had the same questions and He

answered them, thus, I believe that He is so loving that He does want to and will answer yours too.

But before continuing, lets do and understand a couple of things.

1. Lets talk to God, for in order for us to understand God, we must have His help.

"Father we thank you for our salvation and You showing us Your love. Please guide and lead us in our understanding of You and Your ways; In Jesus name, AMEN."

- 2. Now that we have talked to God (prayed), lets depend on and trust Him to do this.
- 3. Lets for the sake of argument, say that in this book all references to mom, dad or parents is to be understood that there is not a perfect parent, we are all human and as such we always make mistakes, and so we will use the concept of a reasonable mom, dad, or parents; these are people that we would have as our mom, dad or parents; they are not perfect, but they are the ones who we would believe all parents should be.
- 4. This is the beginning for people who are new at living with and for God; those who have just accepted Jesus as his/her savior and want to know more of what they have gotten themselves into by accepting Jesus. As like in the Matrix the Movie, by accepting Jesus as your savior, it is the same as taking that pill that takes you out of the Computer lie and into the real world.

Welcome to the real world--The Kingdom of God.

## 1.1 The Beginning

I asked the Lord to teach me His ways, and over the next year this is basically what He taught me.

#### Where do we start?

Well frankly we start with God. This yearning, tugging or voice in you heart is the Spirit of God. He is trying to guide you, to lead you, to teach you about Jesus and His salvation, and He is touching you with His peace and love. That is how you have been drawn to God. He is your guide. So listen to this yearning in your heart. That is how you will know the truth of things. The Holy Spirit in your heart will get excided when you are getting close to Jesus, when you see the truth of God and when He is moving in you. The Holy Spirit will confirm all things of God.

Likewise, He will get depressed, sad and will even stop touching you when you sin such as when you cheat, or lie or you run into and believe the lies and falsehoods about God and Jesus. He is the reason that we do not just **believe** in God but we know God, and we know Jesus.

As when you were a baby, you ran after your mother and followed her everywhere because you are yearning and wanting to know everything about her. This is how we are when we first decide to seek and follow God, the true creator of this world and us. We are a new baby in the spirit world, and to survive we must learn all we can about it. So we run to God and find out everything we can about Him and how He made this world and the truth about it. In essence, to learn about the Kingdom of God and your new relationship with our true Father.

Are we robots or slaves? Do we live in the cocoon as in Matrix movie and our minds live in a computer simulation and a lie?

Are we evil spirits or demons that cannot do anything but what the master says? Do evil things live in us and so they live through us and control our every will and desire?

Are we free to do what we want? To a certain point yes, but truthfully, NO.

We were born slaves to this world and its master. We really are in a Matrix movie, but this one is not a computer simulation but a spiritual simulated lie. This spiritual simulated lie is controlled by the evil one. As in the Matrix movie, the evil one controls most of what we do and decide. He has taught us to live by our feelings, to only believe what we can touch, feel, see, hear and taste and that nothing else is real. He has taught us that we evolved from monkeys, that the spirit world is mystical and magical and not real. He has taught us that if we have to believe in something, than we must believe in the religious way, which he controls and other such lies as the way of finding God.

Harsh words? Yes! But they are the truth. Sorry for the rude wake up call, but it is the truth. Just like Neo when he heard the truth, he did not want to believe it and so he rebelled to the point where he got sick and he did vomit. The truth of how we have been living is a harsh and real LIE.

#### 1.2 The Real World

So what is the real world? Well simply, it is the world as God made it. It is the world that God lives in; it is the world that all of His children live in. Finally it is the world that is of the Kingdom of God.

In the real world, our life is determined by our decisions and our free will. Based on our free will, our decisions are who we are. And God respects our decisions and He will respond to and respect our decisions and actions whether they are good or bad,

whether they are for Him or for evil. He will always answer us. We might not believe it or see His answers, but that is irregardless, because He is real, and that is what He does.

If you notice in the Matrix movie world, which is without God, that everyone is trying to get everyone to do what the robots want. TV commercials, magazines, newspaper, friends, and others are always trying to make their decisions for them, like the government and including most religions. They are all trying to control you and tell you how to live.

In the non-real world or the world of the devil this is how it is. They all want to take away your free will, and if they can get you to give up your free will, then they win. That is only **the people** of this world; we have not even started with the evil one in this world.

Lets think about it. If there is a God and He is good, and He says that there is evil, then do we believe Him or not? How do we know the truth? Why do you believe that there is a God and that He is real and not believe that there is a devil and that he is just as real? How do you know?

Again something inside of you just says that God is real. Something inside of you tells you that this world and all life had to be created by design and not by chance as they say in the evolution method. The truth is we really do not know for sure by facts that we can say that we know there is a God because we have not touched Him with our hands or that we heard Him with our ears, or that we smelled Him with our nose or tasted Him with our tongues or see something from Him with our eyes. We just know because something touched our heart, our spirit and our very soul and from that touching it must be God.

We know Him because He touched our heart and our spirit, and this was enough proof for us to decide He is real, thus producing faith in us for Him.

So we know now because we decided to believe that He is real. This decision has created faith in you.

Believing in God is like falling in love. We call it falling because we rarely believe that we just magically become in love.

Everything is based on our decisions. God wants our love, but like all people, He wants it freely. He has the power to make us His slave or servant, but He does not want slaves, servants or robots. Do you want to be loved by a person who is like a robot?

Imagine what it would be like to love a robot. You would have tell the robot person what to do to love and care for you. I can imagine that on your birthday you want a surprise party and a cake. So in the morning you get up, go to your robot person and program it to bring you a cake and invite your friends to your surprise birthday party.

After you get home your robot person meets you at the door and it says, "Welcome home, here is your cake you ordered me to get for you" and then your robot friends come to you and say "Happy birthday as you ordered us to come". Then the room is silent because you forgot to program pleasant talk.

That is boring and not loving at all; it is cold, heartless and dead. We want to have a sincere surprise and presents that comes from the love of their heart freely given. So it is with God. He likes to receive love and compassion freely from us and He does not like a cold hearted, dead robot.

#### 1.3 Now What?

He touched you, and what does that mean? He touched you, so now you two are going steady? Does it stop there? Would you like to continue in that touching? Why did He touch you? If He is God, did this God create all things? I mean that is what God was supposed to do right? Then how did He get time to touch you? Isn't He too busy running things?

Well this is obvious, He is God. He has created life so that He is a part of all things at one time. He is called Omnipresent—being everywhere at once. He does not live in our time zone or in our dimension, but the spiritual dimension. This is where the Holy Spirit comes in. As you read more, we will explain it better, but for now just remember this.

But the real question that you should be asking is:

# How do we know what He wants, now that we know that He is real?

The easy answer to this question is that we now live our life with God. This is the new relationship.

"How do we live our life with God?" is what we need to learn.

Well if He is God and He did create all things like everyone says, then how powerful is He? He must be pretty powerful to be able to create all things: heaven, earth, sun, moon, sea and all living things, like us. Well if He is powerful and caring and kind enough to be able to touch your heart, then He must be powerful enough to do anything that He says He will do. If He is a caring and loving God, then He should be able to find away to let us know about Him and His Kingdom and why He went through so much trouble to touch you or anyone else.

Other people who have also been touched by Him claim that He wrote information for us to understand many of these questions. So lets say that these people are right and God used others to write down His ways and understandings, in order to teach us His way of life, for that is what they claim He has done. I always wondered

about that. I mean what if they say is true and He did write this down, then it is thousands of years old. They say that God wrote it all down in the Bible.

I always wondered if the bible is God's word, His message to us. How could He write something thousands of years ago and it applies to us today? I mean it is fair that God would not provide a way for us to be able to know Him better and to be able to receive His touch often, which is so wonderful and pleasurable. I have found that His touch is like living in Heaven, I call it "Having heaven on earth."

So is the bible the Word from this same God that has touched your heart? How do we know? How important do you think the bible is to God, and how important is His Word to us? If it is important to God, then what would He do to protect His Word?

Well if we read the bible, it says that His Word is the most important thing to Him. So in all of that time from when the bible was written until today, it would be reasonable to think that with so many people and with all that time, evil people would have had the opportunity to change it. So how do we know that it is still His True Word?

Well the solution is fairly simple. If God can create the world, then why cannot He protect is Word. If His Word is most important to Him, then it would be reasonable to believe that He can at least protect His Word. If He cannot protect His Word, then He is not only not very strong, but a liar too, or His Word is a liar and He is too weak to protect it.

You need to find out for yourself. If He can touch your heart with His hand, then He should also be able to touch your heart with His Word. See for yourself, read the bible and listen to your heart. It will not lie to you. Listen to your heart and it will tell you that the Bible is the Word of God, for as you read the Bible, specifically the New Testament, He will reward your belief in Him by touching you more. Maybe not the same way, but He will touch you, and you will know that the Bible is the Word of God. The same way you know that He lives in you, you will know that the Bible is His Word for you, so that you can know God and His ways for you.

**Note:** In doing this it is called, stepping out in faith. As we have been saying that making the decision with enough belief to test God, making the decision to trust God, then making the decision to act on that belief and trust is called acting on faith, stepping out on faith. And without this faith nothing can happen. More on this later, like the rest of the books.

If God is who God says He is, then there is also an enemy who is who God says he is. If there is God, then there is a devil. And so if there is a devil, then he is as God says he is, and he has dedicated his life to destroying God and all of God's children (you and me).

If there is a devil, then we know that he would rather hate and hurt us, then to touch us with love and peace. So it is not the devil who touched you. He did not create

you so he does not know how to touch your heart. Only the creator knows this. Finally if God knows that the devil is trying to destroy us, then as a loving Father and caring God, He would want to teach us how to protect ourselves against the devil so that he cannot hurt or destroy us.

Well He did, He gave us the Bible to teach us how to fight our enemy, the devil. It teaches us how God wants us to live and how to protect ourselves from the evil one.

Over the ages, He has found some pure and holy men that He can trust, and He dictated to them their part of the bible. God talked and they wrote, just like a secretary today, she writes what her boss tells her.

So test Him to see if He did not protect His Word. Test the Bible to see for yourself if it was not written by God. Read it prayerfully. Then as you read it, He will touch your heart and as He touches your heart, you can decide that it is true and you will begin to believe it, and as you believe it, He will do what you believe He says. Then you will know that the Bible is true by His faith in you.

This sounds like a dare. Yes it is. He dares you to read it. He dares you to decide to believe and put your faith in it. Then He dares you to live by it. As you take the dare, either it happens or it does not. But either way you will know the truth. You take the dare and do your part, and if He is God and God of His word, He will do His part of the dare. Dare is a two way street: your part and His part.

Of course the dare is only as good as your belief in it and your sincerity. Remember that someone touched your heart; well that is how He knows the truth about you. You must be sincere about it.

At this point you need to take the dare, believe in it or not. If not then you should stop here, because in order continue to live in His touch on your heart, you must believe. That further touching of your heart is dependant on you living His way. This is another decision you have to make. You need to decide to follow Him and His way or not. But you must decide. Make note, that any other way is following His enemy, the devil.

You need to decide to believe that God is the most powerful being and that He can and does protect His Word, the Bible, **or** you need to decide that He is a weakling and a liar.

To be honest, if God is not strong enough to protect His precious Word or He is not willing to, then He is not the God I want to love and cherish, but the truth is that He is powerful enough and He is willing to use all of His power to protect it for us.

And so life with God is making decisions about Him and the Kingdom of God. Each decision you make, improves your faith in Him, just like as a baby you made decisions to trust your parents. Now you are a baby child of God and so He will work

with you and help you grow your faith in Him: One decision at a time, decision-by-decision and step-by-step.

Do you believe in Him? Do you Believe God? Do you believe that God is touching your heart? If not then who? The only power we have is our decision. We have to decide to follow God or not. We have to decide if we want this relationship with God and to live in this relationship. Then He will do the rest. He will respect it. If you want to follow and be a slave of the devil and his evil world, then God will let you have it. But if you want to be free of the devil and his evil world, then God will free you of that and bring you to Him. But, **You have to decide.** 

The purpose of these writing is so that you will understand what faith is, to know how to produce faith, how to keep your faith and how to build faith. And how faith pertains to your salvation, the Kingdom of God and God's righteousness.

Without this you can never be and stay a Born Again Christian.

# Appendix A

## **Mule Story**

By Richard

Sometimes people suffer because they are being a mule. They do not realize that God is working with them. One day when I was doing this God gave me this story to understand what He was doing.

One day there was an old man who had been working the farm for many, many years and he wanted to retire. So he was selling off everything including his mule.

In those days everything was done with the mule. It carried everything, pulled the cart and was used to plow the field. Then along came a young man who had just gotten married and was starting his own farm and needed a mule. The young man asked the old farmer how much for the mule and it was reasonable.

The young man asked if the mule was any good. The old farmer answered that the mule was of good age and would work all day and all night that the mule would do anything the young man would ask. The young man said that the mule was perfect and paid the money and walked away with the mule very happy (he thought his troubles were over).

Three days later the old man sees the young man walking to him dragging that mule behind him. When the young man got to the old man, he throws down the rains in discuss and yells at the old man, "You said that this mule was good and would work all day and all night and that he would do everything I told him to do. I cannot get him to do anything but he just stands there."

The old man looks at the young man puzzled, then suddenly he shoves a finger in the air and runs to the barn. He comes back with his hands behind his back and walks up to the mule. As he gets close to the mule he brings his hand around from behind his back and cracks a long 2 X 4 board over the mules head. Then he said, "Oh. I forgot to tell you, first you have to get his attention."

So now you must ask yourself, are you going to be a mule and do things the hard way, or are you going to decide to give up your stubbornness and follow the real God of this world?

God loves His children and He will do what is necessary to bring His children home, even if that takes treating you like a mule and having to hit you over the head with a 2X4 to get your attention.